



Camp Schedule

June/July

2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
25 SPRINTS/HURDLE CAMP COMMUTER	26 JUMP/SPRINTS CAMP COMMUTER	27 KIDS CAMP (FREE) COMMUTER	28 GIRLS ONLY EXTENDED EDITION RUNNING CAMP OVERNIGHT	29 GIRLS ONLY EXTENDED EDITION RUNNING CAMP OVERNIGHT	30 GIRLS ONLY RUNNING CAMP & CO-ED RUNNING CAMP OVERNIGHT	1 GIRLS ONLY RUNNING CAMP & CO-ED RUNNING CAMP OVERNIGHT
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 GIRLS ONLY RUNNING CAMP & CO-ED RUNNING CAMP OVERNIGHT	3 GIRLS ONLY RUNNING CAMP & CO-ED RUNNING CAMP OVERNIGHT	4 INDEPENDENCE DAY INDEPENDENCE DAY INDEPENDENCE DAY	5	6	7	8 CO-ED FIELD CAMP OVERNIGHT
9 CO-ED FIELD CAMP OVERNIGHT	10 CO-ED FIELD CAMP OVERNIGHT	11 CO-ED FIELD CAMP OVERNIGHT				

SPRINTS/HURDLE CAMP COMMUTER

SPRINTS: 6/25/18 – 8 A.M. to 12 P.M.

(LUNCH PROVIDED FOR DUAL-SESSION ATTENDEES)

HURDLES: 6/25/18 – 1 P.M. to 5 P.M.

JUMPS/SPRINTS CAMP COMMUTER

JUMPS: 6/26/18 – 8 A.M. to 12 P.M.

(LUNCH PROVIDED FOR DUAL-SESSION ATTENDEES)

SPRINTS: 6/26/18 – 1 P.M. to 5 P.M.

KIDS CAMP (FREE) COMMUTER

SPRINT/HURDLE/HOR JUMP: 6/27/18 – 8 A.M. to 11 A.M. (LUNCH PROVIDED)

SPRINT/THROW/VERT JUMP: 6/27/18 – 12 P.M. to 3 P.M.

GIRLS ONLY EXTENDED EDITION RUNNING CAMP OVERNIGHT

CHECK-IN: 6/28 – 5 P.M. | TWO NIGHTS OUTDOOR CAMPING (pending weather), GAMES, RUNNING, FLEXIBILITY, GOAL SETTING – then – Join CO-ED 6/30

CO-ED RUNNING CAMP OVERNIGHT

CHECK-IN: 6/30/18 – 5 P.M. | CHECK-OUT: 7/03/18 – 12:00 P.M.

CO-ED FIELD CAMP OVERNIGHT (JUMPS/THROWS/POLE VAULT)

CHECK-IN: 7/09/18 – 5 P.M. | CHECK-OUT: 7/11/18 – 12:00 P.M.

